

# Lavallee Snack Menu



WK 1	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Chewy Granola Bars	Cinnamon Toast	Whole Wheat Wraps	Kids Creation	Grapes
	Sliced Apples	Yogurt	Banana Spread		Grapes
	Milk	Juice	Milk		Chocolate Milk
PM	Flakes of Chicken	Crispy Baguettes	No Bake Pizza Mini Naan Bread	Cereal Bars	Taco Salad (lettuce, tomatoes, tortilla chips)
	Slider Buns / Sliced Cheese	Steamed Broccoli	Pizza Sauce / Shredded Cheese	Oranges	Shredded Cheese / Salsa
	Water	Milk	Juice	Milk	Water

WK 2	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Animal Crackers	Yogurt Tubes	Whole Wheat Toast / Jam	Yogurt / Sliced Apples	Mini Naan / Spread
	Unsweetened Applesauce	Dry Cereal	Apples	Arrowroot Crackers	Canned Pineapples
	Milk	Juice	Milk	Water	Milk
PM	Whole Wheat Dinner Buns	Quesadilla Wraps, Cheese, Pizza Sauce	Rice Cakes / Cheese	Steamed Mixed Veggies	Whole Wheat Bagels
	Canned Corn / Cubed Cheese	Carrots	Carrots / Dip	Rice	Scrambled Eggs
	Water	Water	Juice	Milk	Milk

WK 3	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cereal	Waffles		English Muffins / Slice Cheese	Ants on a Log (celery/spread)
	Bananas	Pears	Kids Creation	Apples	Penguin Crackers
	Milk	Milk		Water	Milk
PM	Nachos / Salsa	Toppable Crackers	Pretzels	Crackers / Cheese	Coleslaw
	Shredded Cheese	Cucumbers / Dip	Yogurt	Pepperoni	Cheese
	Juice	Milk	Juice	Water	Water

WK 4	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Whole Wheat Toast	Yogurt / Oranges	Mixed Cereal	Cheese Sandwich	
	Scrambled Eggs	Graham Crackers	Bananas	Carrots	
	Juice	Water	Water	Water	
PM	Pasta Salad (whole wheat noodles)	Whole Wheat Bagels	Caesar Salad (shredded cheese/cROUTONS)	Bread Sticks	Tacos (hard shells), Salsa
	Cucumbers, Sweet Peppers	Pickles / Cheese	Bread Sticks	Steamed Cauliflower	Shredded lettuce, tomatoes, peppers
	Dressing	Water	Juice	Chocolate Milk	Water