

# Hastings Site



WK 1	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Chewy Granola Bars	Bagel	Whole Wheat Pita Bread		Oatmeal
	Fruit Source Mini Bites	Boiled Eggs	Diced Apple Unsweetened Applesauce	Kid's Creation	Fruit
	Milk	Juice	Milk		Milk
PM	Flakes of Chicken/Tuna	Crispy Baguettes	No Bake Pizza English Muffins	Trail Mix	Taco Salad / Whole Wheat Tortilla Chips
	Stone Wheat Crackers / Cheese	Veggies / Dip	Shredded Cheese / Pizza Sauce	Fruit	Lettuce / Shredded Cheese
	Water	Milk	Juice	Chocolate Milk	Water

WK 2	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Animal Crackers	Frozen Yogurt Tube	Pancake	Apples with Cinnamon	Yogurt
	Unsweetened Applesauce	Dry Cereal	Fruit	Oatmeal Muffin	Arrowroot Crackers
	Milk	Juice	Milk	Milk	Juice
PM	Whole Wheat PC Thins	Rice Cakes	Fruit Shake with Yogurt	Homemade Bits and Bites	Whole Wheat Bagels
	Fruit / Cheese	Veggies & Dip	Graham Crackers	Cheese	Fruit
	Water	Milk	Water	Juice	Milk

WK 3	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Cinnamon Raisin Bread	Homemade Ice Cream Sandwich	English Muffin	Morning Group Cereal Mix	Pancake
	Cheese	Graham Crackers / Yogurt	Boiled Eggs	Fruits	Yogurt
	Juice	Juice	Juice	Milk	Juice
PM	Slider Buns / Flakes of Ham/ Turkey	Whole Wheat Pita Triangles	Caesar Salad / Croûtons / Shredded Cheese	Whole Wheat Tortilla Chips / Salsa	Chewy Granola Bars
	Pickles	Veggies & Dip	Bread Sticks	Cheese Cubes	Fruit Source Mini Bites
	Milk	Milk	Water	Juice	Milk

WK 4	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Mini Bagels	Whole Wheat Bagels	Cereal	Yogurt	Graham Crackers
	Yogurt	Fruit Cocktail	Fruit	Arrowroot	Canned Peaches
	Juice	Milk	Milk	Juice	Milk
PM	Cereal Bars	Rice Cake	Whole Wheat Pita / Diced Apple	Veggies Wrap / Whole Wheat Wraps	
	Fruit	Broccoli / Dip	Unsweetened Applesauce	Cream Cheese / Cucumber	Kid's Creation
	Strawberry Milk	Milk	Milk	Milk	