

Archwood Snack Menu



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
AM	W/W Toast w/ Cheese Slices	Graham Crackers	English Muffins	Morning Gorp (cereal mix)	Rice Cakes
	Banana	Yogurt	Scrambled Eggs	Oranges	Yogurt
	Water	Juice/Water	Milk/Water	Strawberry Milk / Water	Juice/Water
PM	Dinner Buns / Pickles	W/W Pita Triangles	Caesar Salad/Croutons	W/W Tortilla Chips	Chewy Granola Bars
	Flakes of Ham	Sweet Peppers & Dip	Shredded Cheese	Salsa w/ Cheese	Pears
	Juice/Water	Chocolate Milk/Water	Water	Juice/Water	Milk/Water

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Yogurt	Waffles	Cereal	Cereal Bars	Mini Bagels
	Arrowroot Crackers	Apples	Oranges	Yogurt	Canned Peaches
	Juice	Milk	Milk/Water	Juice/Water	Chocolate Milk/Water
PM	Toppables	Rice Cakes	Fruit Smoothie (Fruit, Yogurt, Milk)	W/W Tortilla w/Pizza Sauce & Shredded Cheese	
	Carrots w/Dip	Cheese	Graham Crackers	Cucumber Slices	Kids Creation
	Strawberry Milk/Water	Juice/Water	Water	Milk/Water	

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Toast Rounds w/Cheese Whiz	Yogurt Tubes	W/W Toast w/ Wow Butter & Jam	Animal Crackers	Homemade Bits & Bites
	Apples	Dry Cereal Mix	Grapes	Canned Peaches	Sliced Cheese
	Milk/Water	Juice/Water	Milk/Water	Milk/Water	Juice/Water
PM	Tossed Salad w/Bread Sticks	W/W Toast	Rice Cakes	Flakes of Chicken	Cheese Sandwiches
	Shredded Cheese	Scrambled Eggs	Carrots	Crackers	Celery Sticks
	Water	Juice/Water	Chocolate Milk / Water	Milk	Water

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Fruit Pizza (Mini Naan, Cream Cheese)	Cereal		Mini Bagels w/Cream Cheese	Ants on a Log (celery w/cream cheese or Cheese Whiz)
	Apples/Bananas	Oranges	Kids Creation	Banana	Rtitz Crackers
	Milk/Water	Milk		Milk/Water	Milk
PM	Apple Sauce Cups	Ritz Crackers w/Pizza Sauce	Frozen Yogurt Tubes	Waffles	Taco Salad (nachos, lettuce, salsa)
	Pita Bread Triangles	Shredded Cheese	Graham Crackers	(Frozen) Berries	Shredded Cheese
	Milk	Juice	Carrots	Milk	Water